

## Top ten strange food people eat

(Adapted from: <https://www.roughguides.com/gallery/weird-food/> and <https://www.hostelworld.com/blog/the-50-weirdest-foods-from-around-the-world/>)



In Sardinia, Italy, people make cheese out of \_\_\_\_\_ milk with live insect larvae. Some people kill or freeze maggots first, but others eat them live.



“Nest soup” is cooked with the nests of swiftlet \_\_\_\_\_, who build it out of their spit. Because they are on high cliffs, many people die each year to make this dish from South Asia.



The Chinese cook \_\_\_\_\_ eggs and then cover them in clay, ash and salt for months, until they are rotten. These “hundred-year eggs” taste of sulphur.



“A little like eating wood,” is how people describe the taste of silk \_\_\_\_\_. This popular South Korean street snack is cooked and served with only a few basic spices.



A very unusual soup from Laos combines \_\_\_\_\_ eggs and their babies. If you can make yourself eat it, it isn't bad – a little like shrimp.



People in Cambodia began to eat deep-fried \_\_\_\_\_ when in times of great hunger. Today you can get them for a snack. They taste a little like crab.



Locusts are a type of \_\_\_\_\_. They create a problem in Israel when they swarm and attack crops. People deal with this by frying them or eating them with chocolate.



One of the French delicacies are \_\_\_\_\_ in a sauce of white wine, garlic, butter and parsley. They are a little like clams, but more rubbery.



A traditional Inuit meal on Greenland consists of frozen \_\_\_\_\_ skin and fat. You eat it raw or pickled. It has several layers and you need good teeth to chew it.



\_\_\_\_\_ meat has lots of protein and not much fat, so it is pretty healthy. Australians eat it in the form of steaks, burgers and sausages. It is also quite eco-friendly.

Here are the words missing in the text:

BIRDS, CHICKEN, GRASSHOPPERS, KANGAROO, SHEEP, SNAILS, TARANTULAS,  
TERMITE, WHALE, WORMS

**Questions and tasks:**

- 1 Do you agree with the ordering of these foods? Which do you think is the worst?
- 2 Is there any food on the list you would try? Which one? Why?
- 3 What is the most disgusting food you can remember eating? What is the best food you can remember eating?
- 4 Do you (or, does somebody you know) have a strange thing which you eat regularly?
- 5 Which food from Croatia can be strange to people from other countries?
- 6 Find (and share with class) a recipe for an unusual food you would try.
- 7 Find the different countries mentioned in the text on a map.